



# IN THE NEWS

July 2016



Each of our six athletes came home from the Special Olympic Summer Games with medals. Above: Amanda, Ashley, Floyd, Hansi, Anton and Ronnie. At left: brothers Hansi and Anton with their medals.

## Special Olympic Summer Games Medal Winners!

Bonny Lea Farm participants brought home 12 medals and a trophy from the Special Olympics Nova Scotia Summer Games held July 8-10 at Acadia. The six athletes competed in swimming, golf and bowling.

Our athletes train throughout the year to participate in both the winter and summer games, gaining physical and emotional strength from the activity and comradery. The medals say "Let me win. But if I cannot win, let me be brave in the attempt."

We have some brave and dedicated athletes!

Anton was the top performer winning five medals in swimming. While Amanda won two in swimming, Ashley's team won a trophy in bowling, Floyd won two medals in golf, Hansi two in swimming and Ronnie received one medal for golf.

Way to go Amanda, Anton, Ashley, Floyd, Hansi and Ronnie! And, thank you to the staff and volunteers who assist with their training.

For more photos visit us on [Facebook](#).

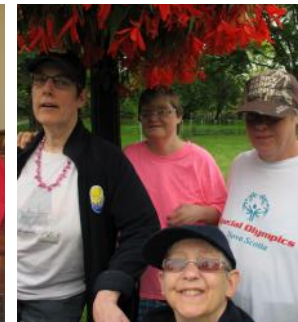
## Summer: A time for Road Trips and Going to Camp

The idea for a trip to the Black Loyalist Heritage Centre in Birchtown originated while the participants were working on the recent Africville Educational Resource kit project for the Department of Education. In early July a bus went from Bonny Lea to Birchtown.

*"Putting together the kits made me want to learn more about the history of African Nova Scotians. Going to Birchtown really helped me to understand this part of Nova Scotia's history."* - Rose Deveau

A number of participants enjoyed a week at Camp Tidnish. Camp is something they look forward to throughout the year. The t-shirt says it all: Camp Tidnish is where I make friends, I feel safe, I make memories... David says his favourite thing about camp is the time spent around the campfire each night.

The seniors' group went on an outing to the Public Gardens in Halifax. Seeing all of the different colourful flowers and trees was Elizabeth's favourite part of the day. For Nancy, the highlight was having a picnic lunch in the park.



Douglas enjoying a boat ride at Camp Tidnish; Toby playing guitar at Camp Tidnish; David sporting his Camp Tidnish t-shirt; in the chapel on the Birchtown road trip; Sue, Nancy, Joanne and Bonnie at the Public Gardens in Halifax. (First two photos photo credit - Camp Tidnish)

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Lady, enjoying one of our new dog treats baked by our kitchen crew. The treats are made without sugar or preservatives.

A bag of twelve can be purchased for \$4.00 at the Chester Farmers Market on Fridays between 10:00 and 2:00pm.

## New Products Appearing at the Chester Farmers' Market

In addition to our oils & vinegars, fresh greens and dried herbs, our stall at the Chester Farmers' Market each Friday offers a selection of products from our workshops.

Along with our popular lobster traps, one of the newer items is an attractive bird feeder built and hand sanded by participants with support from vocational instructor Matt Hallett.

*"We have been doing a lot of contract building of crates for local businesses, often with tight deadlines. The bird feeders and other products are ones every one in the workshop can have a part in whether it is assembly or sanding,"* explains Matt.

Another new product is gaining interest by visitors to the market of the four-legged variety. When not preparing healthy snacks and lunches, the kitchen crew have begun to mix and bake tasty dog treats. With flavours like Old Blue (soft), Flea Fighter (garlic), Plaque Buster (hard) and more, the biscuits seem to be popular with the dogs. Their owners like knowing where the treats are made and their wholesome ingredients.

Also available for sale and pick up back at the Farm are bark mulch, kindling and campfire wood bundles, wipers (cleaning cloths) and the full range of our Herb Garden products.

## Celebrating the Life of Honourary Board Member - Allan G. Conrod

Last month Bonny Lea Farm lost a member of its extended family. Allan Conrod's contributions to Bonny Lea Farm were many. He was a valued and committed Board member, bringing his experience and compassion to every action and decision. His voice was trusted by others as one of reason. He served in a number of capacities including as treasurer for many years.

Allan was also instrumental in establishing the framework for the Bonny Lea Charitable Foundation, an endowment that can receive donations to help ensure we are able to continue our mission well into the future. We are grateful for his many contributions to Bonny Lea Farm over the years and his genuine interest in the people we serve.



Allan G. Conrod was an active Board member for many years.

## In other news



For more information about what is happening here at Bonny Lea Farm and to read some participant stories check out our [Annual Report](#) on our website.

Call 902-275-5622 to request a copy.



Have you purchased your tickets for the Lobster Lovers' Feast?

Call Jane now before its too late!

902-275-5622  
ext.224