



IN THE NEWS

February 2016

Achieving Goals & Building Confidence

Amanda Robar and Anton Voegele wanted to gain more confidence in learning first aid in case they needed to come to the immediate help of someone. They enrolled in a St John's Ambulance one day Emergency First Aid course held at the South Shore Work Activity Program. Amanda had taken the course a few years ago and wanted to be recertified.

"I had to help a friend of mine a few times when he got dizzy and fell to the ground so I wanted to learn more." Anton was new to this course. His interest was sparked when he saw first aiders in action during an event that he attended. *"The part that I liked learning the most was how to assess someone and then put them in the recovery position."*



Amanda Robar and Anton Voegele recently completed first aid training.



Betty Jo Leopold, Tom Clancey and Stacey Macdonald are shown finishing the Blue Nose Charity Challenge.

Go the Distance for Bonny Lea Farm

Team Bonny Lea Farm has raised nearly \$1400 towards our goal of \$7500. If you haven't joined the team or become a sponsor, please visit the Blue Nose Marathon website www.blunosemarathon.com.

You can run or walk in any of the Blue Nose events. No matter which distance you take part in your fund raising makes a difference. Bonny Lea Farm employee Betty Jo Leopold states that, *"This event inspires our participants to push beyond their limitations."*

Spring Concert

We have a great spring show lined up for you on April 9th. Come hear Chester's finest as they perform some of your favourites and their original tunes too. In the house will be: Chester Brass, the Studio Singers, Jazzette, Peter Parsons & Lori Davis, and the Bonny Lea Chorus featuring Rose Deveau. Our herbal products will be available for purchase and you can bid on some lovely silent auction items. Admission \$15. Family rate \$40 (2 adults + children). To purchase your tickets, contact Jane at 902-275-5622 ext 224 or drop by the Chester Pharmasave.



Rose will lead the Bonny Lea Chorus and Studio Singers in the grand finale.

Direct Mail Campaign

Our annual mail campaign is still going strong. Our aim is to reach \$40,000 or more. We would like to thank everyone who has supported the campaign already. Please contact Liz Finney at efinney@bonnyleafarm.ca to obtain a campaign package or call her at 902-275-5622 ext. 241.

This Little Light of Mine

Participants and staff at Bonny Lea Farm recently shot their first music video. The idea came from staff member, Kathy Pace. It is powerful, simple and fun. *"Seeing their faces as they sing is just so special. It's great to see this come together,"* exclaimed Kathy. The video has now gone viral with over 17,500 views on our facebook page. For those who are not on facebook, it is also now available on YouTube. Check it out by typing "Bonny Lea Farm" into the YouTube search box. It will brighten your day. And, don't forget to pass it on! For those who would like to see the song performed live, if you come to our Spring Concert on April 9th you are sure to be delighted!



Gow's Home Hardware Supports Kuttin' Kindlin'

Gow's in Bridgewater is well known for its outstanding community support on the South Shore. Shortly after our new kindling product made its way to market, Gow's was on the phone. "We want to sell your product. We want to support your success with working with special people," stated Scott Mailman, Warehouse Manager with Gow's. We were thrilled to receive this call and the orders have been coming in steadily.

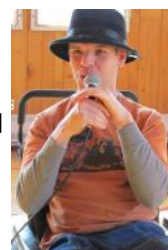
"We want to sell your product. We want to support your success in working with special people."

Scott Mailman,
Warehouse Manager,
Gow's Home Hardware

Winter Carnival Fun

As part of our annual Winter Carnival to beat the winter blues, we have a schedule of events for each Friday during February. Karaoke is such a hit we need to schedule two sessions. The participants are so talented. They know the words to many popular songs and are not shy about getting on stage. Songs from Sinatra to Lady Gaga were performed. Maybe they should take their show on the road!

Other Winter Carnival fun has included the Participant Appreciation breakfast, a colourful fashion show, scavenger hunt and movie party.



Shown clockwise: Douglas Biebesheimer; Blair Hatt & Mary Ellen Brady; Bonnie Conrad; John Gibbs and Nancy Frank.

