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In the News January 2015

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Jewel March, Event Organizer

Beat the Winter Blahs at Bonny Lea Farm!

Promoting health and wellness as part of Team Bonny Lea Farm's kick off to the Bluenose Marathon Scotiabank Charity Challenge coming in May, employee Jewel March organized a fun filled afternoon with lots of exhibitors, baked goods, white elephant table, talented musicians, and the Bluenose Marathon mascot, Miles. Thanks to everyone for their support of this event and we will

apply any money raised from this event toward our preparation for entering the race.

Well done Jewel!

ON YOUR MARK • GET SET •
LET'S GIV'ER!
Halifax • May 15-17 • 2015

Hansi and mascot



Douglas with Miles, Bluenose Marathon Mascot



Exhibitor featuring sea kelp products.



The Studio Singers conducted by Dawn Harwood-Jones delighted the audience.



Larry and Joanne were first to welcome our visitors.



Radio Host and musician Blane Henshaw.



Lori, Rose and Peter have been performing on our behalf for many years. Thanks!

Donor Profile- Carolyn Bird, Supporter of Bonny Lea Farm

Carolyn is a loyal donor of Bonny Lea Farm who also once volunteered to assist her partner Bob Garland, member of our Board of Directors, with a provincial campaign that involved placing coin collection boxes in N.S.L.C. stores. At the time Carolyn observed that, ***“the smaller and poorer communities were more generous than those in the city.”***

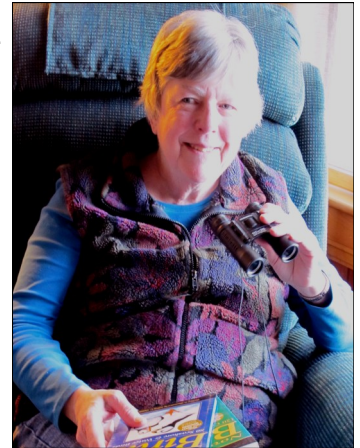
Carolyn who is sensitive to the needs of others appreciates the services that Bonny Lea Farm provides to the community. She likes that, ***“Bonny Lea Farm does not spend too much money on administration costs. Your donation is used to its full potential to carry on the fine work being***

done.” She also recommends that charities consider having their donors make pledges over a 2-3 year period. ***“This really helps with an organization’s budgetary planning.”***

As a point of interest, Carolyn is a retired botanist who has 76 articles published in scientific journals. She specializes in marine algae

and seaweed, and has two seaweeds named in her honour!

Thanks Carolyn for your belief and support in the work that we do!



Carolyn at her home where she takes great pleasure in bird watching.

“Racism. Sexism.

Homophobia. These are words that are widely used and recognized. So what is the word for prejudice against people with disabilities?

Ableism

So when a person with a disability says, “I’ve been called a Retard” they are also saying, “I’ve been a victim of an ableist attack.” Dave Hingsburger



“R the Word-Helping Individuals with Intellectual Disabilities Deal with Bullying and Teasing” by Dave Hingsburger

“Why don’t we talk about this a whole lot more? We’ve developed a blind eye towards the real world and what’s really happening. In our zeal for the goals of integration, inclusion and mainstreaming we’ve forgotten who has to walk the pathways of our community. I want us to teach people with disabilities how to deal with ableism and ableist remarks. I want parents to teach their

children how to BE in a world that doesn’t always honour their difference. I want us to honour the work being done by people with disabilities as they face down the prejudice of others. I want us to be with them and behind them. I want them to know that we love and honour them for who they are and who they are becoming as a people.”

Dave Hingsburger is a leader in the field of Human Services who provides staff and families with important information on topics such as the excerpt from his book that is mentioned in the newsletter.

Riverport Lions Support Bonny Lea Farm

Debbie Austin and Jane Rafuse were guests of the Riverport Lions Club recently. The club supports many community projects and were very pleased to present us with a cheque. Lion President Brenda Loucks said, ***“We are very aware of the good work done by Bonny Lea Farm and are pleased to lend our support.”***



Debbie and Lion Loucks



Direct Mail Campaign

Thank you to our loyal donors and new donors for your support of our Direct Mail Campaign. To date we have raised \$33,000!