



# IN THE NEWS

February 2018

**We're 45!**  
Empowering adults with disabilities since 1973.

## Hello Morgan!

Morgan Heron recently moved to Bonny Lea Farm.

After graduating from Prince Andrew High School in 2015, she worked at the Dartmouth Adult Services Centre (DASC). Since arriving, Morgan has made lots of new friends and renewed some old acquaintances. She used to work with Laura Glazier at DASC and she knew Adam Gummesson from Camp Tidnish.

Morgan's outgoing personality has helped her settle in to her new routine and she is embracing everything Bonny Lea Farm has to offer. She works in the Greenhouse in the morning and the Wood Workshop in the afternoon. During our recent winter carnival activities she was engaged in bingo, karaoke, and the scavenger hunt.



Morgan, shown here on the right, having a good time with Larry, moved to Bonny Lea Farm in February.

**"It's awesome! I like the work. Living in Baker House is great too."**  
- Morgan, Participant

**"It's wonderful to see how well she is settling in. As a parent it's the best you can ask for."**  
- Nicole, Morgan's Mom

In her spare time Morgan enjoys listening to Elvis and watching monster trucks and hockey. She often wears a hat signed by her favourite Mooseheads players, who were former classmates at PA! Welcome Morgan!

## Removing Barriers to Opportunity

We are thrilled our Community ACCESS-ability Program Grant application was successful! This grant for \$3000, from the Department of Communities, Culture & Heritage will help us to:

- increase accessibility in the day program building by replacing two old wooden ramps with new rubber ramps;
- improve traction on three exterior ramps by installing rolled roofing on their surfaces;
- reduce tracking of water and snow in the main entrance by purchasing one slip-resistant floor mat for this high traffic area;
- improve safety at residence by installing glow-in-the-dark traction tape in stairwells, and a wooden railing for the exterior ramp at Church House.

Ensuring accessibility for participants is a priority for us. By replacing the interior ramps, and addressing the safety of stairwells, exterior ramps and entrance way, we are increasing the independence of participants with limited mobility to access all areas of our buildings.

For example, the older ramps in the Greenhouse and its production area were difficult for wheelchair users to

navigate on their own. The grade was too steep and the door jams were an obstacle.

The new ramps allow easier access by participants who use walkers, manual wheelchairs, and electric wheelchairs, opening new opportunities for participants to choose to work in the Greenhouse.

**"Sometimes I would get stuck on the old ramps and need help. With the new ramps I can get in and out of the Greenhouse area by myself."**

- Valerie, Participant & wheelchair user

The Halifax Youth Foundation grant we received last year, enabled us to complete a long overdue upgrade of our main washrooms at day program. In addition to improving the accessibility of the space, new fixtures, flooring and automatic lighting make the space easier to clean and much more efficient.

Bonny Lea Farm has a very important role in the community, and in individual participant's lives who live and/or work here.

We value the empowerment we provide to everyone who comes through our doors. And, hope to continue to grow and offer opportunities for those involved with us in any capacity.

## Way to go Liz!



### Fun Fact

Last year our Small Contracts crew prepared 13,600 cutlery packages for local restaurants.

Most of these packages were assembled by Liz Flemming and sealed by Sonya Joudrey.



In her recent Individual Program Plan (IPP) meeting, Liz Flemming shared her 2018 goals with her support team.

Her goals include:

- learning to use the cutlery package sealer in her Small Contracts work crew,
- saving money for a laptop, and
- seeing a play at the Chester Playhouse.

Liz also said she wanted to learn to bake her favourite cookies with the assistance of her mentor. Later that evening, she completed that goal! She proudly shared this picture with us and wore a bright smile.

In January, Liz celebrated her 4 years of living and working at Bonny Lea Farm. Congratulations Liz!



TOP TO BOTTOM: A number of participants were VIP guests of RBC for a Hurricanes Basketball game; Rose and her guinea pig Bambi telling the children's story at Chester United Baptist Church; Tom and Laura's amazing headstand snowman; a winter visit to Ross Farm Museum; Morgan, Bonnie and Josh at the end of a long day.

### Hold the Date

Get your pen, calendar, day timer or phone and mark these dates!

**Amanda Robar Memorial Benefit Concert\***

May 27 @ 1:30pm

New Germany, Anglican Church Hall

\$5.00 entry, Canteen, Door Prizes, 50/50

Featuring:

Valley Blue; Agnes Clinton; Newfound Country; Just Us Old Folks

\*Organized by Mellie Robar and Peggy Tufts with all proceeds to Bonny Lea Farm.

### ICYMI

Chester Cut 'n Run with Team Bonny Lea Farm

Plant Sale & Breakfast

Lobster Lovers' Feast

Annual Benefit Golf Tournament

June 3

June 9 @8:00-11:00am

August 5

September 9