

In The News!

Bonny Lea Farm
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Registered Charity # 11915849RR0001
IRS# 23-728-3520

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An Opportunity for Creative Expression!

www.bonnyleafarm.ca

At the Second Story Women's Center a program called "**Women Write**" takes place every Monday. The purpose of the program is for women to meet aspiring writers, discuss writing and engage in creative writing exercises. Monthly guest speakers are invited to spark the imagination even more.

Rose has been attending the sessions since October and has received positive comments about her writing. ***"I have been told that I have a great story telling voice and understand how to construct a story. I can keep up with the class using my braille."***

Rose has written a short story entitled, ***"Four Mischievous Children."*** She is working on writing a book titled, ***"Mr. Jitters and the Screaming Sundial."***

Rose listed several reasons as to why she enjoys this class so much:

It gets me out of the house!

I am learning something new every week!

I am meeting new people!

I am hearing lots of cool stories!



Rose pictured here working on her book using a Braille typewriter. Rose is a very creative person. She has written a number of original songs in addition to short stories.

The Bluenose Marathon is the largest fitness event in Atlantic Canada. This year is Race #12. You can put yourself in the race by signing up at Bluenosemarathon.com and join Team Bonny Lea Farm, or you can made a donation to our team by going to the Bluenose Marathon website and clicking on **Bonny Lea Farm**. It is

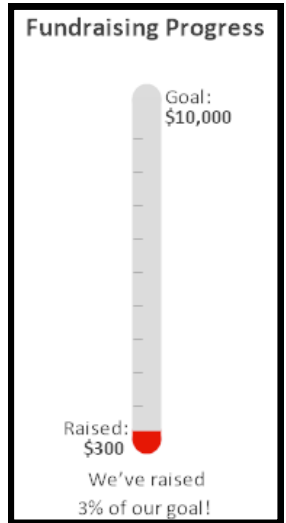
Put Yourself in the Race!

quick and easy. Team members to date:

Joanne Boswell, Valerie Roode, Amanda Robar, Bonnie Conrad, Ronnie Awalt, Laurie Anne Hughes, Debbie Austin, Anton Voegele, Hansi Voegele, Lynn Rafuse, Tom Clancey, Susan Collins, David

Huskins, and Elizabeth Flemming. We look forward to growing our team! **Join us today! Team Captain Jewel March 902-980-0554**

Money raised will be used toward renovating our outdated main facility washrooms to creating two wheelchair accessible washrooms.



"A lot of people have gone further than they thought they would because someone else thought they could."

Author Unknown

Our Mentorship Program!

The participants and their mentors on staff are having lots of fun and educational experiences when time is set aside each month to break away from the routine of the day. From making bird houses to making a bed for the resident

cat, it is a time to explore new things. Mentorship helps to foster self esteem and self confidence. We all have had people in our lives that had qualities that we wanted to acquire or strive for, those positive traits that lead to

success. Just feeling better about yourself is a big step in one's personal development. Thanks to our mentors for their efforts in making our participants lives as enriching and engaging as possible.



Tom with his Mentor Bonita Church



Team Bonny Lea Farm 2014